



Eucharist

Eucharist Sacrament Preparation Objectives

We have created this resource for the sacrament of Confirmation in connection with the move to restored order. The purpose is to help parishes in their promotion of different resources, to ensure the “basic” catechetical formation required by our archbishop prior to receiving each sacrament is carried out. Also to assist families who pursue homeschooling, to make sure their catechetical formation doesn’t exclude any of the following topics.

Eucharist Sacrament Preparation Objectives

1. Know the connection between Passover/Exodus and the Last Supper.
2. Know the teaching of Jesus’ real presence in the Eucharist.
3. Know the Eucharist is truly the body, blood, soul, and divinity of Jesus.
4. Know that the Mass is made up of the Liturgy of the Word and the Liturgy of the Eucharist.
5. Should express belief in the teaching of the real presence of Christ in the Eucharist.
6. Should desire to build a relationship with Jesus Christ.
7. Should have experience with Mass and desire to participate fully in it.
8. Know how to have prayer with Jesus after receiving Holy Communion; how to have a heart to heart conversation with Jesus.

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Sample questions to determine sacramental “readiness”

The following are sample questions a pastor or his delegate could use in a meeting with a child and their family to help determine if the child is disposed to receive the sacrament.

This is a resource that is meant to help you in a conversation with a child.
“Perfect answers” should not be required from children.

Objective	Potential questions
1. Know the connection between Passover/Exodus and the Last Supper.	<ul style="list-style-type: none"> » Tell me about the story of the Passover and the Exodus from Egypt? » How is that related to the Last Supper? » How is that related to the Mass?
2. Know the teaching of Jesus’ real presence in the Eucharist: body, blood, soul, and divinity of Jesus.	<ul style="list-style-type: none"> » What is the Eucharist? » What are the bread and wine transformed into? » Why is receiving the Eucharist important?
3. Know the Eucharist is truly the body, blood, soul, and divinity of Jesus.	<ul style="list-style-type: none"> » What is the Eucharist? » What are the bread and wine transformed into? » Why is receiving the Eucharist important?
4. Know that the Mass is made up of the Liturgy of the Word and the Liturgy of the Eucharist.	<ul style="list-style-type: none"> » What are the two main parts of the Mass? » What do we do in the first part of Mass? » What do we do in the second part of Mass?
5. Should express belief in the teaching of the real presence of Christ in the Eucharist.	<ul style="list-style-type: none"> » What do you believe the Eucharist is? » Do you believe Jesus is truly present in the Eucharist? » What does that mean for you?
6. Should desire to build a relationship with Jesus Christ.	<ul style="list-style-type: none"> » How does receiving the Eucharist help you grow in your relationship with Jesus?
7. Should have experience with Mass and desire to participate fully in it.	<ul style="list-style-type: none"> » Why do you want to receive Jesus in the Eucharist? » What do you hope receiving the Eucharist will do for you? » Tell me about an experience of prayer that you have had while preparing for this sacrament.
8. Know how to have prayer with Jesus after receiving Holy Communion; how to have a heart to heart conversation with Jesus.	<ul style="list-style-type: none"> » What should we do after receiving Jesus in Holy Communion?